



**Queensland University of Technology**  
Brisbane Australia

This may be the author's version of a work that was submitted/accepted for publication in the following source:

Zhang, Yuzhou, Ye, Chuchu, Yu, Jianxing, Zhu, Weiping, Wang, Yuanping, Li, Zhongjie, Xu, Zhiwei, Cheng, Jian, Wang, Ning, Hao, Lipeng, & Hu, Wenbiao  
(2020)

The complex associations of climate variability with seasonal influenza A and B virus transmission in subtropical Shanghai, China.  
*Science of the Total Environment*, 701, Article number: 134607.

This file was downloaded from: <https://eprints.qut.edu.au/134001/>

© 2019 Elsevier B.V.

This work is covered by copyright. Unless the document is being made available under a Creative Commons Licence, you must assume that re-use is limited to personal use and that permission from the copyright owner must be obtained for all other uses. If the document is available under a Creative Commons License (or other specified license) then refer to the Licence for details of permitted re-use. It is a condition of access that users recognise and abide by the legal requirements associated with these rights. If you believe that this work infringes copyright please provide details by email to [qut.copyright@qut.edu.au](mailto:qut.copyright@qut.edu.au)

**License:** Creative Commons: Attribution-Noncommercial-No Derivative Works 4.0

**Notice:** *Please note that this document may not be the Version of Record (i.e. published version) of the work. Author manuscript versions (as Submitted for peer review or as Accepted for publication after peer review) can be identified by an absence of publisher branding and/or typeset appearance. If there is any doubt, please refer to the published source.*

<https://doi.org/10.1016/j.scitotenv.2019.134607>

## Journal Pre-proofs

The complex associations of climate variability with seasonal influenza A and B virus transmission in subtropical Shanghai, China

Yuzhou Zhang, Chuchu Ye, Jianxing Yu, Weiping Zhu, Yuanping Wang, Zhongjie Li, Zhiwei Xu, Jian Cheng, Ning Wang, Lipeng Hao, Wenbiao Hu

PII: S0048-9697(19)34598-X

DOI: <https://doi.org/10.1016/j.scitotenv.2019.134607>

Reference: STOTEN 134607

To appear in: *Science of the Total Environment*

Received Date: 26 July 2019

Revised Date: 12 September 2019

Accepted Date: 21 September 2019

Please cite this article as: Y. Zhang, C. Ye, J. Yu, W. Zhu, Y. Wang, Z. Li, Z. Xu, J. Cheng, N. Wang, L. Hao, W. Hu, The complex associations of climate variability with seasonal influenza A and B virus transmission in subtropical Shanghai, China, *Science of the Total Environment* (2019), doi: <https://doi.org/10.1016/j.scitotenv.2019.134607>

This is a PDF file of an article that has undergone enhancements after acceptance, such as the addition of a cover page and metadata, and formatting for readability, but it is not yet the definitive version of record. This version will undergo additional copyediting, typesetting and review before it is published in its final form, but we are providing this version to give early visibility of the article. Please note that, during the production process, errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

© 2019 Elsevier B.V. All rights reserved.



# The complex associations of climate variability with seasonal influenza A and B virus transmission in subtropical Shanghai, China

## Authors

Yuzhou Zhang<sup>1,a</sup>, Chuchu Ye<sup>2,3,a</sup>, Jianxing Yu<sup>3,a</sup>, Weiping Zhu<sup>2</sup>, Yuanping Wang<sup>2</sup>,  
Zhongjie Li<sup>3</sup>, Zhiwei Xu<sup>1</sup>, Jian Cheng<sup>1</sup>, Ning Wang<sup>1</sup>, Lipeng Hao<sup>2,\*</sup>, Wenbiao Hu<sup>1,\*</sup>

## Author affiliations

1. School of Public Health and Social Work, Institute of Health and Biomedical Innovation, Queensland University of Technology, Brisbane, Australia.
2. Research Base of Key Laboratory of Surveillance and Early Warning of Infectious Disease, Pudong New Area Center for Disease Control and Prevention, Chinese Center for Disease Control and Prevention, Shanghai, China.
3. Division of Infectious Disease, Key Laboratory of Surveillance and Early Warning of Infectious Disease, Chinese Center for Disease Control and Prevention, Beijing, China.

## Corresponding author

Wenbiao Hu, School of Public Health and Social Work; Institute of Health and Biomedical Innovation, Queensland University of Technology, Brisbane, Queensland, Australia. Email: w2.hu@qut.edu.au. Phone: +61 31385724

Lipeng Hao, Research Base of Key Laboratory of Surveillance and Early Warning of Infectious Disease, Pudong New Area Center for Disease Control and Prevention, Chinese Center for Disease Control and Prevention, Shanghai, China. Email: haolipeng\_cc@163.com. Phone: +86 2138714688

<sup>a</sup> Yuzhou Zhang, Chuchu Ye and Jianxing Yu equally contributed to this work.

## Abstract

Most previous studies focused on the association between climate variables and seasonal influenza activity in tropical or temperate zones, little is known about the associations in different influenza types in subtropical China. The study aimed to explore the associations of multiple climate variables with influenza A (Flu-A) and B virus (Flu-B) transmissions in Shanghai, China. Weekly influenza virus and climate data (mean temperature (MeanT), diurnal temperature range (DTR), relative humidity (RH) and wind velocity (Wv)) were collected between June 2012 and December 2018. Generalized linear models (GLMs), distributed lag non-linear models (DLNMs) and regression tree models were developed to assess such associations. MeanT exerted the peaking risk of Flu-A at 1.4°C (2-weeks' cumulative relative risk (RR): 14.88, 95% confidence interval (CI): 8.67-23.31) and 25.8°C (RR: 12.21, 95%CI: 6.64-19.83), Flu-B had the peak at 1.4°C (RR: 26.44, 95%CI: 11.52-51.86). The highest RR of Flu-A was 23.05 (95%CI: 5.12-88.45) at DTR of 15.8°C, that of Flu-B was 38.25 (95%CI: 15.82-87.61) at 3.2°C. RH of 51.5% had the highest RR of Flu-A (9.98, 95%CI: 4.03-26.28) and Flu-B (4.63, 95%CI: 1.95-11.27). Wv of 3.5m/s exerted the peaking RR of Flu-A (7.48, 95%CI: 2.73-30.04) and Flu-B (7.87, 95%CI: 5.53-11.91). DTR  $\geq 12^{\circ}\text{C}$  and MeanT  $< 22^{\circ}\text{C}$  were the key drivers for Flu-A and Flu-B, separately. The study found complex non-linear relationships between climate variability and different influenza types in Shanghai. We suggest the careful use of meteorological variables in influenza prediction in subtropical regions, considering such complex associations, which may facilitate government and health authorities to better minimize the impacts of seasonal influenza.

**Keywords:** climate factors; influenza; subtropical area; Shanghai; China

## 1. Introduction

While vaccination can effectively prevent seasonal influenza, it remains epidemics and lead to approximately 3 to 5 million cases and 290,000 to 650,000 deaths annually worldwide (World Health Organization, 2018). Generally, influenza peak once in the winter in temperate areas (Finkelman et al., 2007), however, it seems that the seasonal patterns in tropical and subtropical zones are more complicated. Several previous studies reported that the peaking of seasonal influenza occurred once a year (in winter or spring/summer) in some subtropical areas (Cheng et al., 2012), however, other studies found the peaks in subtropical regions were detected in both summer and winter (Iha et al., 2016; Liu et al., 2017). Furthermore, the transmission patterns of seasonal influenza were very diverse in China by region (Du et al., 2012; Shu et al., 2010; Yu et al., 2013). The seasonal patterns of seasonal influenza are driven by the complex interaction among influenza virus, climate factors and human activity patterns (Alonso et al., 2007; Surveillance and System, 2012; Tamerius et al., 2013).

Recently, there has an increasing interest in the association between climate variables and seasonal influenza activity. Low temperature has been reported to favour the transmission of influenza in temperate and tropical climate (Huang et al., 2017; Soebiyanto et al., 2014; Tsuchihashi et al., 2011; Xu et al., 2013), as well as to increase the mortality of influenza (Davis et al., 2012). A decrease of temperature during the preceding three days was correlated to an increased risk of influenza

infections in cold climate (Jaakkola et al., 2014). Other climate variables, such as absolute humidity, relative humidity and rainfall have also been reported to be associated with seasonal influenza infections (Gomez-Barroso et al., 2017; Shaman and Kohn, 2009; Shaman et al., 2010b; Tamerius et al., 2013). Moreover, the geographical variation of seasonal patterns of influenza indicates that climate factors may promote influenza infections with complex interactive effects, such as the significant interactive effect between temperature and relative humidity (Wang et al., 2017). However, the majority of previous studies focused on tropical or temperate zones, little is known about the associations of multiple climate variables with different influenza types in subtropical regions.

Additionally, the transmission patterns of seasonal influenza can even be diverse in neighbouring regions sharing similar climate (Yu et al., 2013). It is necessary to specifically assess the response of influenza to climate variables by location. Understanding the relationship between climate factors and influenza can be seen as a foundation for developing early warning systems based on climate factors for seasonal influenza. This study aims to examine the associations of multiple climate factors (mean temperature (MeanT), diurnal temperature range (DTR), relative humidity (RH), and wind velocity (Wv)) with seasonal influenza A virus (Flu-A) and B virus (Flu-B) in subtropical Shanghai, China.

## 2. Methods

### 2.1 Study site and data collection

This study was conducted in Pudong New Area, which is the largest district of Shanghai City, the one of the largest metropolis worldwide (Fig. 1). To December 2017, there are more than 5.5 million population in the area (Government, 2017). Shanghai has a subtropical climate with four distinct seasons (Ye et al., 2019). The vaccination of seasonal influenza has yet to be included in the national immunization programme (Feng et al., 2010), the coverage rate of influenza vaccination of China and Pudong is below 2% and 1.4%, separately (Feng et al., 2010; Ye et al., 2019).

Weekly laboratory-confirmed positive influenza virus data were collected from two sentinel hospitals between June 1<sup>st</sup>, 2012 and December 31<sup>st</sup>, 2018 in Pudong New Area. The detailed process of sample collection and laboratory testing were reported in our previous work, please see (Ye et al., 2019). Weekly data on climate variables including MeanT (°C), RH (%), and Wv (m/s) were obtained from National Oceanic and Atmospheric Administration (NOAA) (Zhang et al., 2019). Moreover, we collected weekly maximum and minimum temperatures to calculate diurnal temperature range (DTR,  $DTR = \text{maximum temperature} - \text{minimum temperature}$ ) (°C). We also calculated absolute humidity (AH) using relative humidity (RH) and temperature, based on Clausius-Clapeyron relation (Shaman and Kohn, 2009).

## 2.2 Data analysis

### 2.2.1 Generalized linear models (GLMs) with climate variables

Firstly, we used GLMs to initially fit the relationship between climate variables and Flu-A and Flu-B, separately (Limper et al., 2016). Multicollinearity among climate variables was checked and avoided through performing Spearman correlation analysis and variance inflation factors (VIF). Only one of the highly-correlated variables ( $r > 0.6$  or  $VIF > 5$ ) was included in the model (Wu et al., 2015). AH was excluded in our final model, as this factor is strongly associated with MeanT (Peci et al., 2019; Shaman et al., 2010b), with the Spearman correlation coefficient of 0.97 ( $p < 0.05$ ) (Table. S1). GLM with a negative binomial distribution was assumed to allow over-dispersion (Wang et al., 2018). We developed GLMs including all climate variables to adjust the relationships between climate factors and seasonal influenza. The model used in our study was given as follows:

$$\log [E(Y_t)] = \beta_0 + \beta_1(\text{Mean}T_t) + \beta_2(\text{DTR}_t) + \beta_3(\text{RH}_t) + \beta_4(\text{Wv}_t) + \text{factor}(\text{WOY}) + \text{factor}(\text{Holiday}) + e_t$$

where  $E(Y_t)$  is the expected weekly count of positive Flu-A or Flu-B on week  $t$ ;  $\beta_0$  is the intercept;  $\beta_1$  ( $\text{Mean}T_t$ ),  $\beta_2$  ( $\text{DTR}_t$ ),  $\beta_3$  ( $\text{RH}_t$ ) and  $\beta_4$  ( $\text{Wv}_t$ ) denote the corresponding regression coefficients of MeanT, DTR, RH and Wv, respectively; Week of year (WOY) was included in the model adjusting for seasonality; Holiday refers to a binary variable for public holiday to control the impact of public holidays (Wang et al., 2018);  $e_t$  is the error term.



### 2.2.2 Distributed lag nonlinear models (DLNMs)

To better assess the potential non-linear impacts of climate factors on seasonal influenza transmission with delayed effects, DLNMs were developed for Flu-A and Flu-B, respectively (Gasparrini, 2011; Wood, 2006), with a negative binomial distribution to account for over-dispersion. The model were formulated as follow:

$$\log [E(Y_t)] \sim \alpha + \sum cb(\text{climate variables}, df_1, \text{lag}, df_2) + \text{factor}(WOY) + \text{factor}(\text{Holiday})$$

where  $E(Y_t)$  is the expected weekly count of positive Flu-A or Flu-B on week  $t$ ;  $\alpha$  is the intercept;  $cb(\text{climate variables})$  represents the cross-basis matrix of climate factors to explore the potential cumulative and delayed effects with the corresponding  $df$  if applicable;  $WOY$  and  $\text{Holiday}$  represent indicator variables adjusting for seasonality and public holidays, separately.

The function in the cross-basis was chose as a natural cubic spline function to capture the potential non-linear associations (Dai et al., 2018). The maximum temporal lag was selected as 2 weeks, which based upon the potential lagged effects and the incubation period of influenza reported by previous studies (Dai et al., 2018). In order to better develop the models and assess the robustness of the models, the best  $df$  (from 3 to 6  $df$ ) for both climate variables and lag space in the cross-basis was chosen by the smallest Akaike information criterion (AIC). In our final model, 4  $df$  was selected for both climate factors and lag space.

Then, we calculated the relative risk (RR) with corresponding 95% confidence interval (CI), relative to pre-determined reference value. The reference value in this

paper was defined as the lowest point in the curve of the fitted association using GLMs (Wang et al., 2018).

### 2.2.3 Regression tree analysis

We developed regression tree models to identify the threshold values of the climate factors, which are most likely to be correlated to influenza infections (Zhang et al., 2018). We used weekly climate variables at 2-week lag as the independent variables and weekly Flu-A and Flu-B as the dependent variables. The selection of the best tree size based on cross-validation by checking estimated prediction errors. The model with an estimated error rate within one standard error of the minimum and the smallest tree size was selected as the best model (Breiman, 2017).

All data analyses were conducted by using R software (version 3.5.1; R Development Core Team, Boston, MA).

## 3. Results

### 3.1 Descriptive analysis

The total of 14,320 specimens were tested over the study period, with 2,405 positive specimens (Table S2). Most of the positive cases were detected as Flu-A (1,814, 75.4%). The mean weekly positive Flu-A and Flu-B were 5.2 and 1.7, separately. The statistical characteristics of weekly positive seasonal influenza viruses and climate variables were summarized in Table 1. Fig. 2 showed that Flu-A had annual winter/spring peak with summer peak in several years. However, Flu-B generally peaked during winter/spring weeks.

### 3.2 GLMs with climate variability

The results indicated that MeanT and RH were negatively associated with Flu-A, DTR and Wv were positively correlated to Flu-A when we included all climate factors in the model (Fig. 3). Moreover, MeanT, DTR and RH were negatively associated with Flu-B, Wv was positively correlated to Flu-B. Both the risk of Flu-A and Flu-B was peaking at 1.4°C with RRs of 5.89 (95%CI: 2.04-18.33) (Fig. 3a) and 4.61 (95%CI: 1.49-13.57) (Fig. 3e), separately. However, there were inverse trends in the effects of DTR on Flu-A and Flu-B. The risks of Flu-A and Flu-B were significantly peaking at DTR of 15.8°C (RR: 3.52, 95%CI: 1.88-7.13) (Fig. 3b) and 3.2°C (RR: 7.46, 95%CI: 3.66-16.72) (Fig. 3f), respectively. Moreover, low RH increased the risk of seasonal influenza, the largest risks were found at 51.5% for Flu-A (RR: 1.032, 95%CI: 1.009-1.058) (Fig. 3c) and Flu-B (RR: 3.95, 95%CI: 2.00-6.98) (Fig. 3g). Additionally, high Wv posted risk to seasonal influenza, the largest RR were observed at 3.5m/s for Flu-A (RR: 1.68, 95%CI: 1.12-3.13) (Fig. 3d) and Flu-B (RR: 1.78, 95%CI: 1.04-3.02) (Fig. 3h).

### 3.3 Risk respond to climate variability by lag using DLNMs

Apparent non-linear cumulative associations between climate variables with Flu-A and Flu-B were observed when we applied DLNMs (Fig. 4). For MeanT, two peaks in the cumulative risk of Flu-A was found in the study, with the first peak at 1.4°C (RR: 14.88, 95%CI: 8.67-23.31) and second peak at 25.8°C (RR: 12.21, 95%CI: 6.64-19.83) (Fig. 4a). Moreover, the peaking risk of Flu-B was at 1.4°C (RR: 26.44, 95%CI:

11.52-51.86) (Fig. 4e). In term of DTR, high DTR of 15.8°C exerted the highest risk of Flu-A (RR: 23.05, 95%CI: 5.12-88.45) (Fig. 4b), however, that of Flu-B was observed at low DTR of 3.2°C (RR: 38.25, 95%CI: 15.82-87.61) (Fig. 4f). Additionally, both more Flu-A and Flu-B was observed at low RH (51.5%), with the RRs of 9.98 (95%CI: 4.03-26.28) (Fig. 4c) and 4.63 (95%CI: 1.95-11.27) (Fig. 4g), separately. Furthermore, high Wv (3.5m/s) posted the highest risks to both Flu-A (RR: 7.48, 95%CI: 2.73-30.04) (Fig. 4d) and Flu-B (RR: 7.87, 95%CI: 5.53-11.91) (Fig. 4h).

Based on the findings above, we further analysed the lagged associations between climate variables at specific values and influenza by different time lag, relative to the reference values (Table 2). For low MeanT (1.4°C, the highest point in Fig. 4a and e) exerted the highest risk of Flu-A at 0-week lag (RR: 8.13, 95%CI: 2.44-18.83), but, Flu-B at 1-week lag (RR: 11.32, 95%CI: 8.84-14.58). Regarding DTR, the highest risk of Flu-A at DTR of 15.8°C (the highest point in Fig. 4b) was observed at the lag of 1-week (RR: 5.11, 95%CI: 2.06-12.66), similarly, that of Flu-B at DTR of 3.2°C (the highest point in Fig. 4f) was found at 1-week lag (RR: 11.29, 95%CI: 8.06-15.13). In term of RH, low RH of 51.5% (the highest point in Fig. 4c and g) had the highest risks of Flu-A and Flu-B both at 1-week lag, with RRs of 3.01 (95%CI: 1.61-5.63) and 2.35 (95%CI: 1.48-3.74), separately. Moreover, Wv of 3.5m/s (the highest point in Fig. 4d and h) at 0-week lag had the highest risk, with RRs of 6.10 for Flu-A (95%CI: 3.15-11.81) and 5.68 for Flu-B (95%CI: 2.69-12.02), separately. The details of RRs by time lag are shown in Table 2. The trends of lag-response curves of Flu-A and Flu-B are illustrated in Supplementary Fig. S1.

### 3.4 Regression tree analysis

Fig. 5 demonstrated that the climate variables played different roles in the occurrence of Flu-A and Flu-B in the study setting. DTR was the first classifying factor in the model of Flu-A, which indicated that DTR played the most important role in the occurrence of Flu-A. The mean weekly Flu-A increased by over 3.1-fold (44/14) when DTR was  $\geq 12^{\circ}\text{C}$ . However, the most significant climate factor in the occurrence of Flu-B was MeanT, which was identified as the first classifying factor in the model. An increase over 4.5-fold (19/4.2) in the mean weekly Flu-B was observed when MeanT was  $<22^{\circ}\text{C}$ , as well as Wv was  $\geq 1.6\text{m/s}$  and DTR was  $<8.7^{\circ}\text{C}$ .

## 4 Discussion

To the best of our knowledge, this is the first attempt to assess the complex associations of multiple climate variables with different types of seasonal influenza viruses in subtropical China. Our study found that MeanT, DTR, RH and Wv were significantly associated with Flu-A and Flu-B by different time lags.

We found that MeanT was negatively associated with influenza, low temperature led to more influenza cases. This result is consistent with previous studies, cold temperature could lead to more influenza activity in China (Yu et al., 2013). A decline of  $1^{\circ}\text{C}$  in temperature increased influenza infections risk by 11% in Finland (Jaakkola et al., 2014). Moreover,  $1^{\circ}\text{C}$  decrease of temperature caused a rising of 8.55% in influenza cases in Hong Kong, and an increase of 32.14% in the UK (Wang et al., 2017). Low temperature may lengthen the survival of influenza virus, and lead to

increasing contact rates through more people indoor crowding (Cheng et al., 2016; Liao et al., 2005). As a result, low temperature could contribute to the spread of influenza. It should be noted that another peak of RR in high temperature for Flu-A was observed in the study. This finding was supported by previous studies, which reported the semiannual epidemic in the summer in subtropical cities in China (Yang et al., 2018a; Yang et al., 2018b; Ye et al., 2019). The potential reasons for this semiannual epidemic required further research.

DTR was significantly associated with seasonal influenza in the study, with a positive relationship with Flu-A, and a negative relationship with Flu-B. In Beijing, an increased influenza cases in the elderly was associated with bigger DTR values (Lao et al., 2018). A study in Hong Kong found that DTR had positive impact on laboratory-confirmed influenza cases, the mean increase in weekly cases was 5.01% per 1°C increase in DTR, however, this study reported that the effect of DTR only exerted in dry period (when vapour pressure is less than 20 millibars (mb)), and the effect was not modified by influenza types (Li et al., 2018). The physiological mechanisms of DTR on the diseases were not elucidated, although there are several possible underlying mechanisms. Sudden temperature change may increase respiratory workload and induce the onset of a respiratory event (Imai et al., 1998), as well as influence humoral and cellular immunity (Bull, 1980).

Our study indicated that decline in RH promoted influenza activity, and the result is consistent with previous studies. Several previous studies indicated that low RH can favour the transmission of influenza (Hemmes et al., 1960; Lowen et al., 2007;

Schaffer et al., 1976; Sundell et al., 2016). Low RH can allow influenza virus particles to remain in the air for longer time because of the smaller size and lower velocity of settling (Yang and Marr, 2011). As a result, there is an increase of susceptibility to influenza infections (Eccles, 2002). Additionally, low RH can also preserve the viability of influenza virus. The infectivity can keep as 70.6-77.3% when RH was less than 23 % for 1 hour, however, the number decreased to 14.6-22.2% at RH  $\geq$ 43% (Noti et al., 2013). Additionally, low AH could exert significant impact on influenza transmission. In China, the RR for influenza (H7N9) at low AH (5 mb) was 11.34 (95%CI: 8.72-14.74) when compared to high AH (20 mb) (Liu et al., 2018). Moreover, low AH may contribute to the onset and peak of influenza epidemics (Murray and Morse, 2011). In the temperate regions of the US, AH was used to predicted the seasonal patterns of influenza (Shaman et al., 2010a; Shaman and Kohn, 2009).

Additionally, high Wv was found to increase the risk of influenza infections in the study. High Wv could lead to increased infections of influenza, respiratory syncytial virus and severe acute respiratory syndrome (SARS) virus (du Prel et al., 2009; Firestone et al., 2012; Yuan et al., 2006). A field study indicated that an increased risk of influenza in horses was associated with Wv of  $> 30\text{km/h}$  (Firestone et al., 2012). In India, Wv was positively correlated to an increase risk for influenza (H1N1) (linear regression coefficient: 1.02,  $p < 0.05$ ) (Lopez et al., 2014). This may due to the effects of high wind speed on the longer travel of air-borne aerosols, which contributed to the transmission of influenza virus (Ssematimba et al., 2012).

There are different responses of influenza to climate factors in different climate zones. The area with temperate climate appeared to have greater risk in temperature and humidity, compared to subtropical regions (Wang et al., 2017). The author reported that this may be due to a lower mean temperature and humidity in temperate areas than that in subtropical regions. Influenza virus can survive longer in low temperature, and cold weather also causes increased opportunity of infection by indoor crowding (Cheng et al., 2016; Liao et al., 2005). Furthermore, low outdoor temperature may lead to increased use of indoor heating facility, which would decline the indoor humidity and promote influenza infections (Chong et al., 2015).

Additionally, our results indicated that climate factors posted different effects on Flu-A and Flu-B activity. The previous results for the effects on two influenza types were not conclusive. A study from Germany observed a negative association of temperature with Flu-A hospitalization, but not with Flu-B (du Prel et al., 2009). The occurrence of Flu-B decreased when temperature increased in Hong Kong, however, no significant finding for Flu-A was reported in the study (Tang et al., 2010). Flu-A virus seems to change the antigen more frequently than Flu-B virus (Bouvier and Palese, 2008), which may influence the sensitivity to climate variability. Moreover, the different associations of Flu-A and Flu-B with DTR may partially result from the age distribution of influenza infections. Our previous study in Shanghai and other studies on a global scale showed that Flu-A virus is more transmissible among elderly than young children (FOX et al., 1982; FRANK et al., 1983; Longini Jr et al., 1982; Ye et al., 2019). It has been widely accepted that elderly people are more vulnerable to



DTR (Lim et al., 2012; Qiu et al., 2013), thus, Flu-A was positively correlate to DTR in the study. Additionally, the different seasonality of Flu-A and Flu-B may be another potential reason behind. Our previous work demonstrated that Flu-A peaked from December to January, while the peak of Flu-B can last to April (Ye et al., 2019). The effect of DTR on different influenza type is less well studied, further studies are required to explore such impact.

The regression tree models identified that DTR and MeanT were the key classifying factor in the models of Flu-A and Flu-B separately. This difference may reflect the nature of types of seasonal influenza viruses. In general, the results illustrated that the models could provide the threshold values of the climate variables in seasonal influenza activity linking with official surveillance data.

There are several strengths in the study. First, it is the first attempt to investigate the complex and delayed relationships between multiple climate factors and different types of seasonal influenza viruses in subtropical China. Second, this study based on the data of two sentinel hospitals, which have high surveillance coverage in the study area with well-trained clinicians (Ye et al., 2019). Third, our findings may also be relevant to the complex transmission patterns of influenza in other countries, especially for subtropical areas.

This study has several limitations. First, the accuracy of results might be impacted by age and sex, we hope can investigate such association by age and sex in our future work. Second, the data accuracy may influenced by the sample collection and

processing approaches, as well as patient health seeking behaviour (Dowell, 2001; Lofgren et al., 2007). Third, air pollutions, host susceptibility and viral migration may also affect the transmission of influenza (Dowell, 2001; Feng et al., 2016; Lofgren et al., 2007).

## 5 Conclusion

The study found complex non-linear relationships between climate variability and seasonal influenza with different risky windows by type in subtropical China. The findings may provide important information for developing early warning systems based on climate factors for seasonal influenza. We suggest the careful use of meteorological variables in influenza prediction in subtropical regions, considering such complex non-linear associations in different types, which may facilitate government and health authorities to better minimize the impacts of seasonal influenza.

## Acknowledgements

W. H. and Z. L. designed this study. C. Y. and J. Y. collected the data. Y. Z., C. Y. and J. Y. analysed the data and drafted this manuscript with W. H. assistance. W. H., Z. L., Y. W., J. C., N. W., Z. X., W. Z. and L. H. interpreted the results and revised the manuscript. We thank the support of the two sentinel hospitals and NOAA to provide the influenza surveillance and climate data, respectively.

## Funding sources

This work has been supported by the National Science and Technology Key Project (No. 2018ZX10713001-008). Y. Z. was supported by the China Scholarship Council Postgraduate Scholarship and the Queensland University of Technology Higher Degree Research Tuition Fee Sponsorship. W. H. was supported by an Australian Research Council (ARC) Future Fellowship (award number FT140101216).

## Conflict of interest

The authors declare they have no actual or potential competing interests.

## References

- Alonso WJ, Viboud C, Simonsen L, Hirano EW, Daufenbach LZ, Miller MA. Seasonality of influenza in Brazil: a traveling wave from the Amazon to the subtropics. *American journal of epidemiology* 2007; 165: 1434-1442.
- Bouvier NM, Palese P. The biology of influenza viruses. *Vaccine* 2008; 26: D49-D53.
- Breiman L. *Classification and regression trees*: Routledge, 2017.
- Bull G. The weather and deaths from pneumonia. *The Lancet* 1980; 315: 1405-1408.
- Cheng X, Tan Y, He M, Lam TT-Y, Lu X, Viboud C, et al. Epidemiological dynamics and phylogeography of influenza virus in southern China. *The Journal of infectious diseases* 2012; 207: 106-114.
- Cheng Y-H, Wang C-H, You S-H, Hsieh N-H, Chen W-Y, Chio C-P, et al. Assessing coughing-induced influenza droplet transmission and implications for infection risk control. *Epidemiology & Infection* 2016; 144: 333-345.

- Chong K, Goggins W, Zee B, Wang M. Identifying meteorological drivers for the seasonal variations of influenza infections in a subtropical city—Hong Kong. *International journal of environmental research and public health* 2015; 12: 1560-1576.
- Dai Q, Ma W, Huang H, Xu K, Qi X, Yu H, et al. The effect of ambient temperature on the activity of influenza and influenza like illness in Jiangsu Province, China. *Science of The Total Environment* 2018; 645: 684-691.
- Davis RE, Rossier CE, Enfield KB. The impact of weather on influenza and pneumonia mortality in New York City, 1975–2002: a retrospective study. *PLoS One* 2012; 7: e34091.
- Dowell SF. Seasonal variation in host susceptibility and cycles of certain infectious diseases. *Emerging infectious diseases* 2001; 7: 369.
- du Prel J-B, Puppe W, Gröndahl B, Knuf M, Weigl F, Schaaff F, et al. Are meteorological parameters associated with acute respiratory tract infections? *Clinical infectious diseases* 2009; 49: 861-868.
- Du X, Dong L, Lan Y, Peng Y, Wu A, Zhang Y, et al. Mapping of H3N2 influenza antigenic evolution in China reveals a strategy for vaccine strain recommendation. *Nature communications* 2012; 3: 709.
- Eccles R. An explanation for the seasonality of acute upper respiratory tract viral infections. *Acta oto-laryngologica* 2002; 122: 183-191.
- Feng C, Li J, Sun W, Zhang Y, Wang Q. Impact of ambient fine particulate matter (PM 2.5) exposure on the risk of influenza-like-illness: a time-series analysis in Beijing, China. *Environmental Health* 2016; 15: 17.

- Feng L, Mounts AW, Feng Y, Luo Y, Yang P, Feng Z, et al. Seasonal influenza vaccine supply and target vaccinated population in China, 2004–2009. *Vaccine* 2010; 28: 6778-6782.
- Finkelman BS, Viboud C, Koelle K, Ferrari MJ, Bharti N, Grenfell BT. Global patterns in seasonal activity of influenza A/H3N2, A/H1N1, and B from 1997 to 2005: viral coexistence and latitudinal gradients. *PloS one* 2007; 2: e1296.
- Firestone SM, Cogger N, Ward MP, Toribio J-AL, Moloney BJ, Dhand NK. The Influence of meteorology on the spread of influenza: Survival analysis of an equine influenza (A/H3N8) Outbreak. *PloS one* 2012; 7: e35284.
- FOX JP, COONEY MK, HALL CE, FOY HM. Influenzavirus infections in Seattle families, 1975–1979: II. Pattern of infection in invaded households and relation of age and prior antibody to occurrence of infection and related illness. *American journal of epidemiology* 1982; 116: 228-242.
- FRANK AL, TABER LH, GLEZEN WP, GEYER EA, McILWAIN S, PAREDES A. Influenza B virus infections in the community and the family: the epidemics of 1976–1977 and 1979–1980 in Houston, Texas. *American journal of epidemiology* 1983; 118: 313-325.
- Gasparrini A. Distributed lag linear and non-linear models in R: the package dlnm. *Journal of statistical software* 2011; 43: 1.
- Gomez-Barroso D, León-Gómez I, Delgado-Sanz C, Larrauri A. Climatic factors and influenza transmission, Spain, 2010–2015. *International journal of environmental research and public health* 2017; 14: 1469.
- Government P. SHANGHAI PUDONG NEW AREA STATISTICAL YEARBOOK 2017, 2017.

- Hemmes J, Winkler K, Kool S. Virus survival as a seasonal factor in influenza and poliomyelitis. *Nature* 1960; 188: 430.
- Huang X, Mengersen K, Milinovich G, Hu W. Effect of weather variability on seasonal influenza among different age groups in Queensland, Australia: A Bayesian spatiotemporal analysis. *The Journal of infectious diseases* 2017; 215: 1695-1701.
- Iha Y, Kinjo T, Parrott G, Higa F, Mori H, Fujita J. Comparative epidemiology of influenza A and B viral infection in a subtropical region: a 7-year surveillance in Okinawa, Japan. *BMC infectious diseases* 2016; 16: 650.
- Imai Y, Nobuoka S, Nagashima J, Awaya T, Aono J, Miyake F, et al. Acute myocardial infarction induced by alternating exposure to heat in a sauna and rapid cooling in cold water. *Cardiology* 1998; 90: 299-301.
- Jaakkola K, Saukkoriipi A, Jokelainen J, Juvonen R, Kauppila J, Vainio O, et al. Decline in temperature and humidity increases the occurrence of influenza in cold climate. *Environmental Health* 2014; 13: 22.
- Lao J, Liu Z, Liu Y, Zhang J, Jiang B. Influence of diurnal temperature range on influenza incidence in the elderly. *Zhonghua liu xing bing xue za zhi= Zhonghua liuxingbingxue zazhi* 2018; 39: 1454-1458.
- Li Y, Wang X-L, Zheng X. Impact of weather factors on influenza hospitalization across different age groups in subtropical Hong Kong. *International journal of biometeorology* 2018; 62: 1615-1624.
- Liao CM, Chang CF, Liang HM. A probabilistic transmission dynamic model to assess indoor airborne infection risks. *Risk Analysis: An International Journal* 2005; 25: 1097-1107.

- Lim Y-H, Hong Y-C, Kim H. Effects of diurnal temperature range on cardiovascular and respiratory hospital admissions in Korea. *Science of The Total Environment* 2012; 417: 55-60.
- Limper M, Thai K, Gerstenbluth I, Osterhaus A, Duits A, van Gorp E. Climate factors as important determinants of dengue incidence in Curaçao. *Zoonoses and public health* 2016; 63: 129-137.
- Liu T, Kang M, Zhang B, Xiao J, Lin H, Zhao Y, et al. Independent and interactive effects of ambient temperature and absolute humidity on the risks of avian influenza A (H7N9) infection in China. *Science of The Total Environment* 2018; 619: 1358-1365.
- Liu X-X, Li Y, Zhu Y, Zhang J, Li X, Zhang J, et al. Seasonal pattern of influenza activity in a subtropical city, China, 2010–2015. *Scientific reports* 2017; 7: 17534.
- Lofgren E, Fefferman NH, Naumov YN, Gorski J, Naumova EN. Influenza seasonality: underlying causes and modeling theories. *Journal of virology* 2007; 81: 5429-5436.
- Longini Jr IM, Koopman JS, Monto AS, Fox JP. Estimating household and community transmission parameters for influenza. *American journal of epidemiology* 1982; 115: 736-751.
- Lopez D, Gunasekaran M, Murugan BS, Kaur H, Abbas KM. Spatial big data analytics of influenza epidemic in Vellore, India. 2014 IEEE international conference on big data (Big Data). Ieee, 2014, pp. 19-24.
- Lowen AC, Mubareka S, Steel J, Palese P. Influenza virus transmission is dependent on relative humidity and temperature. *PLoS pathogens* 2007; 3: e151.

Murray EJ, Morse SS. Seasonal oscillation of human infection with influenza A/H5N1 in Egypt and Indonesia. *PloS one* 2011; 6: e24042.

Noti JD, Blachere FM, McMillen CM, Lindsley WG, Kashon ML, Slaughter DR, et al. High humidity leads to loss of infectious influenza virus from simulated coughs. *PloS one* 2013; 8: e57485.

Peci A, Winter A-L, Li Y, Gnaneshan S, Liu J, Mubareka S, et al. Effects of absolute humidity, relative humidity, temperature, and wind speed on influenza activity in Toronto, Ontario, Canada. *Appl. Environ. Microbiol.* 2019; 85: e02426-18.

Qiu H, Tak-sun Yu I, Tse LA, Tian L, Wang X, Wong TW. Is greater temperature change within a day associated with increased emergency hospital admissions for heart failure? *Circulation: Heart Failure* 2013; 6: 930-935.

Schaffer F, Soergel M, Straube D. Survival of airborne influenza virus: effects of propagating host, relative humidity, and composition of spray fluids. *Archives of virology* 1976; 51: 263-273.

Shaman J, Goldstein E, Lipsitch M. Absolute humidity and pandemic versus epidemic influenza. *American journal of epidemiology* 2010a; 173: 127-135.

Shaman J, Kohn M. Absolute humidity modulates influenza survival, transmission, and seasonality. *Proceedings of the National Academy of Sciences* 2009; 106: 3243-3248.

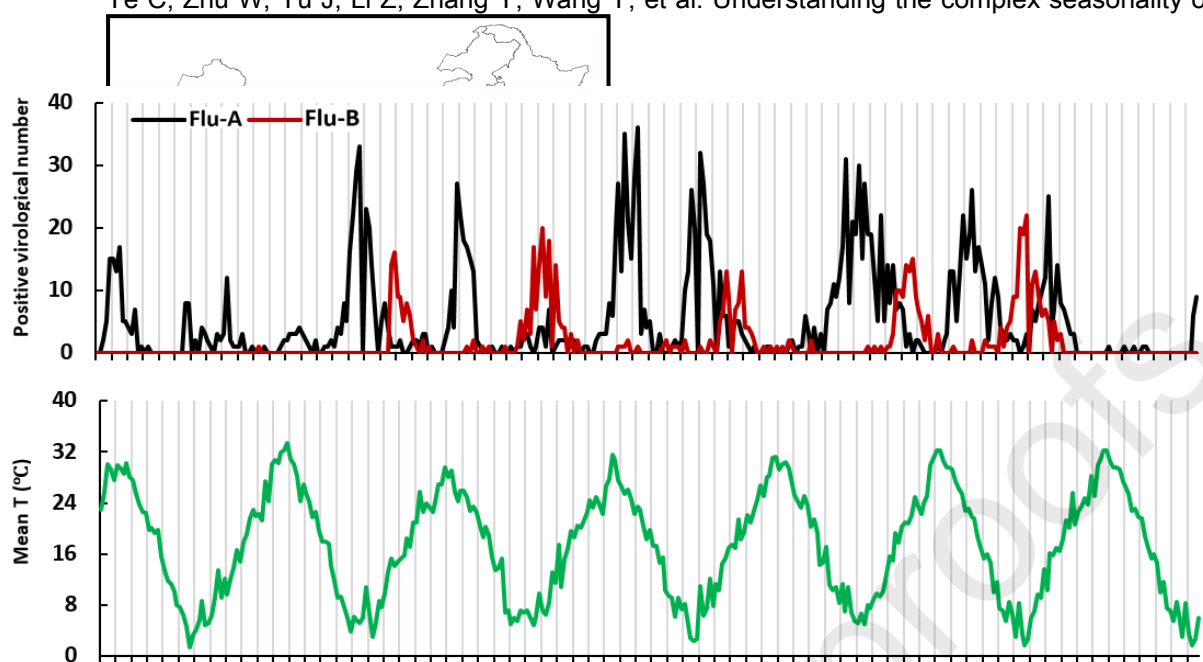
Shaman J, Pitzer VE, Viboud C, Grenfell BT, Lipsitch M. Absolute humidity and the seasonal onset of influenza in the continental United States. *PLoS biology* 2010b; 8: e1000316.



- Shu Y-L, Fang L-Q, de Vlas SJ, Gao Y, Richardus JH, Cao W-C. Dual seasonal patterns for influenza, China. *Emerging infectious diseases* 2010; 16: 725.
- Soebiyanto RP, Clara W, Jara J, Castillo L, Sorto OR, Marinero S, et al. The role of temperature and humidity on seasonal influenza in tropical areas: Guatemala, El Salvador and Panama, 2008–2013. *PloS one* 2014; 9: e100659.
- Ssematimba A, Hagenaars TJ, De Jong MC. Modelling the wind-borne spread of highly pathogenic avian influenza virus between farms. *PLoS One* 2012; 7: e31114.
- Sundell N, Andersson L-M, Brittain-Long R, Lindh M, Westin J. A four year seasonal survey of the relationship between outdoor climate and epidemiology of viral respiratory tract infections in a temperate climate. *Journal of Clinical Virology* 2016; 84: 59-63.
- Surveillance WPRGI, System R. Epidemiological and virological characteristics of influenza in the Western Pacific Region of the World Health Organization, 2006–2010. *PloS one* 2012; 7: e37568.
- Tamerius JD, Shaman J, Alonso WJ, Bloom-Feshbach K, Uejio CK, Comrie A, et al. Environmental predictors of seasonal influenza epidemics across temperate and tropical climates. *PLoS pathogens* 2013; 9: e1003194.
- Tang J, Lai F, Wong F, Hon K. Incidence of common respiratory viral infections related to climate factors in hospitalized children in Hong Kong. *Epidemiology & Infection* 2010; 138: 226-235.
- Tsuchihashi Y, Yorifuji T, Takao S, Suzuki E, Mori S, Doi H, et al. Environmental factors and seasonal influenza onset in Okayama city, Japan: case-crossover study. *Acta Med. Okayama* 2011; 65: 97-103.

- Wang P, Goggins WB, Chan EY. Associations of Salmonella hospitalizations with ambient temperature, humidity and rainfall in Hong Kong. *Environment international* 2018; 120: 223-230.
- Wang X-L, Yang L, He D-H, Chiu AP, Chan K-H, Chan K-P, et al. Different responses of influenza epidemic to weather factors among Shanghai, Hong Kong, and British Columbia. *International journal of biometeorology* 2017; 61: 1043-1053.
- Wood SN. *Generalized additive models: an introduction with R*: Chapman and Hall/CRC, 2006.
- World Health Organization. Up to 650 000 people die of respiratory diseases linked to seasonal flu each year, 2018.
- Wu J, Tschakert P, Klutse E, Ferring D, Ricciardi V, Hausemann H, et al. Buruli ulcer disease and its association with land cover in southwestern Ghana. *PLoS neglected tropical diseases* 2015; 9: e0003840.
- Xu Z, Hu W, Williams G, Clements AC, Kan H, Tong S. Air pollution, temperature and pediatric influenza in Brisbane, Australia. *Environment international* 2013; 59: 384-388.
- Yang J, Lau YC, Wu P, Feng L, Wang X, Chen T, et al. Variation in influenza B virus epidemiology by lineage, China. *Emerging infectious diseases* 2018a; 24: 1536.
- Yang W, Marr LC. Dynamics of airborne influenza A viruses indoors and dependence on humidity. *PloS one* 2011; 6: e21481.
- Yang X, Liu D, Wei K, Liu X, Meng L, Yu D, et al. Comparing the similarity and difference of three influenza surveillance systems in China. *Scientific reports* 2018b; 8: 2840.

Ye C, Zhu W, Yu J, Li Z, Zhang Y, Wang Y, et al. Understanding the complex seasonality of

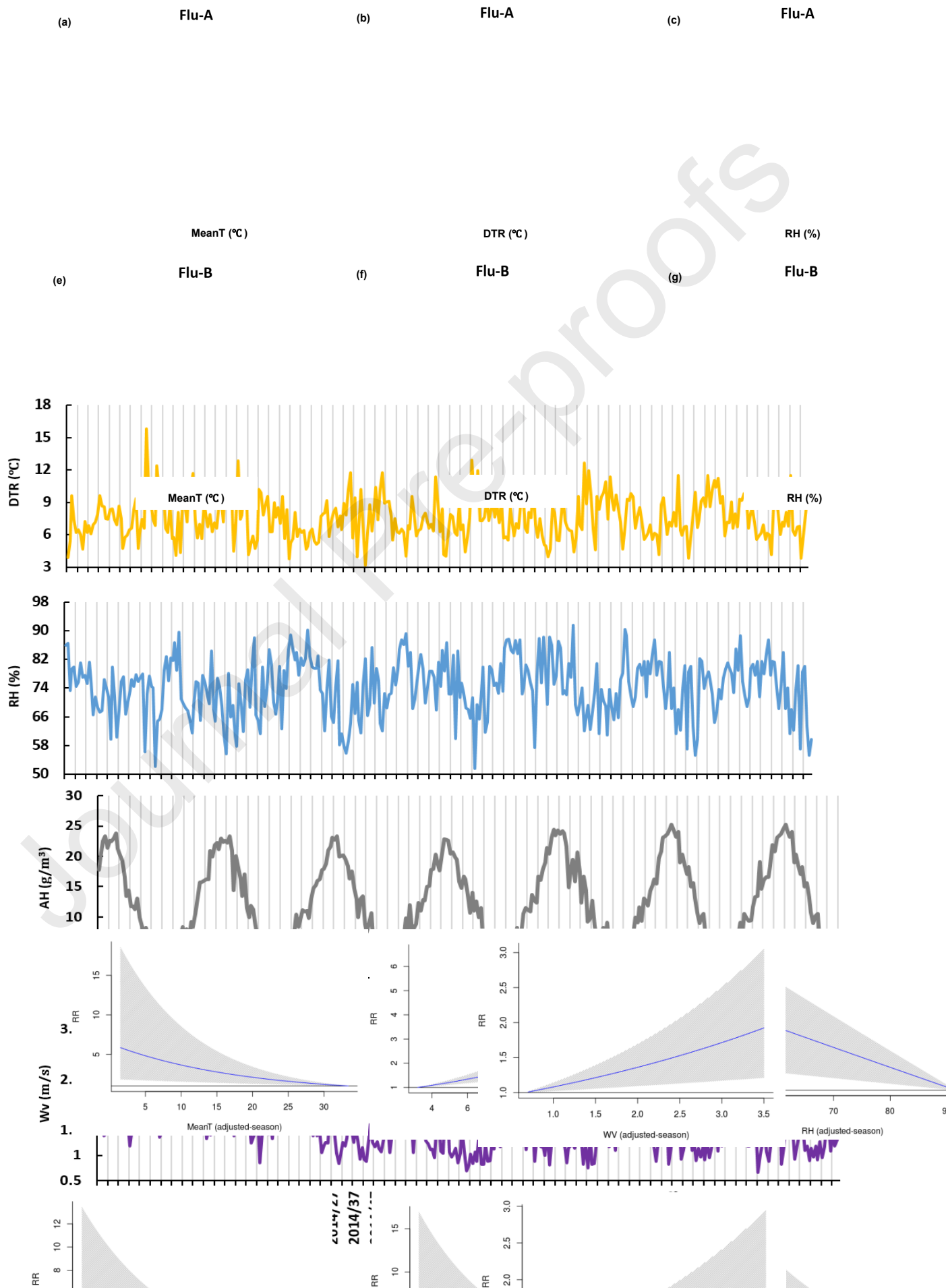


Zhang Y, Bambrick H, Mengersen K, Tong S, Feng L, Zhang L, et al. Using big data to predict pertussis infections in Jinan city, China: a time series analysis. *International journal of biometeorology* 2019: 1-10.

Zhang Y, Bambrick H, Mengersen K, Tong S, Hu W. Using Google Trends and ambient temperature to predict seasonal influenza outbreaks. *Environment international* 2018; 117: 284-291.

Fig. 1. The location of Pudong New Area in Shanghai, China.

Fig. 2. Weekly distribution of Flu-A, Flu-B and climate variables in Pudong New Area, from week 23, 2012 to week 52, 2018.



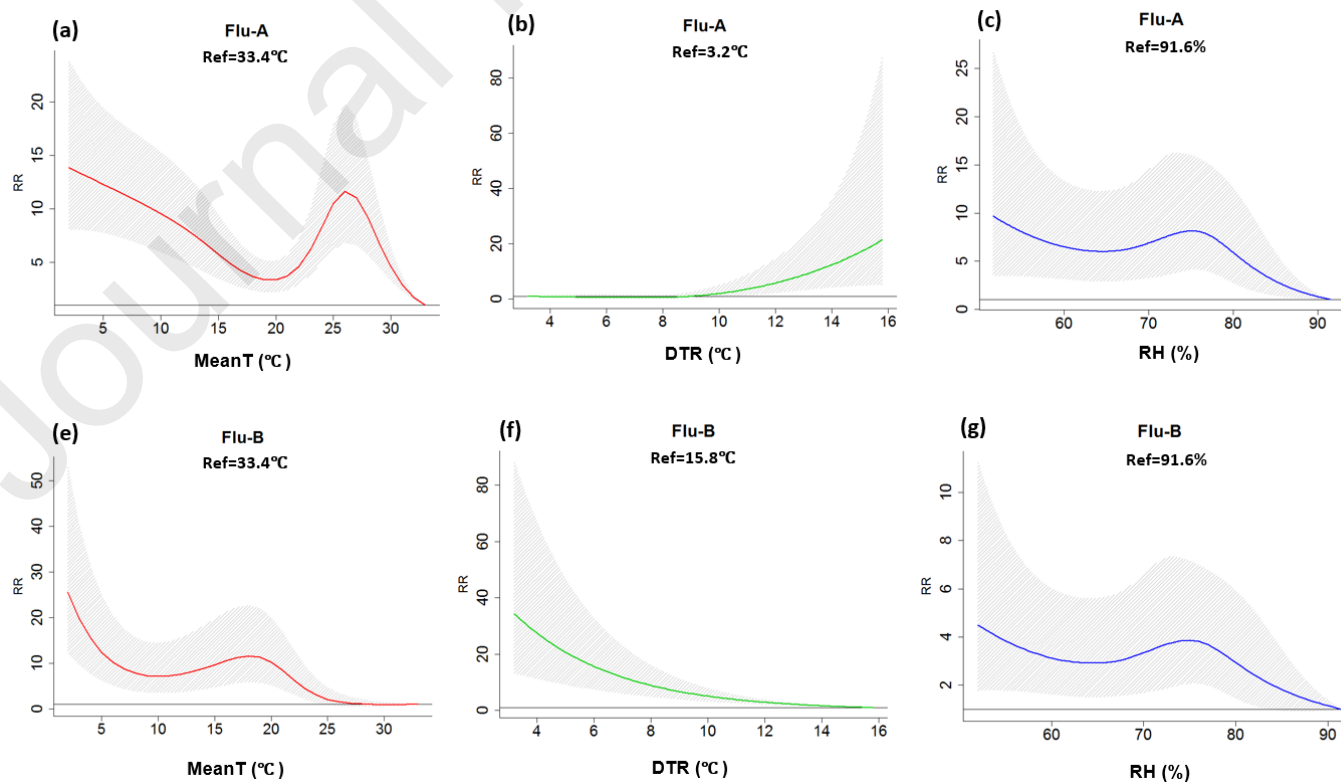


<b>MeanT</b>			
<b>Flu-A (1.4 vs. 33.4°C)</b>	8.13 (2.44-18.83)*	1.51 (1.07-3.82)*	1.08 (0.92-1.19)
<b>Flu-B (1.4 vs. 33.4°C)</b>	9.62 (6.75-13.90)*	11.32 (8.84-14.58)*	7.74 (5.24-10.44)*
<b>DTR</b>			
<b>Flu-A (15.8 vs. 3.2°C)</b>	2.68 (1.07-6.71)*	5.11 (2.06-12.66)*	1.57 (0.69-3.60)
<b>Flu-B (3.2 vs. 15.8°C)</b>	6.35 (2.09-10.68)*	11.29 (8.06-15.13)*	5.94 (0.35-11.82)
<b>RH</b>			
<b>Flu-A (51.5 vs. 91.6%)</b>	1.68 (1.09-3.15)*	3.01 (1.61-5.63)*	1.91 (1.03-3.54)*
<b>Flu-B (51.5 vs. 91.6%)</b>	1.27 (1.03-1.49)*	2.35 (1.48-3.74)*	1.77 (1.52-2.07)*
<b>Wv</b>			
<b>Flu-A (3.5 vs. 0.7m/s)</b>	6.10 (3.15-11.81)*	1.72 (0.80-3.71)	0.86 (0.38-1.95)
<b>Flu-B (3.5 vs. 0.7m/s)</b>	5.68 (2.69-12.02)*	1.02 (0.41-2.51)	0.49 (0.19-1.26)

\*: Significant results

## Exposure-response associations

X-axis: The value of climate variable; Y-axis: 2-weeks lagged cumulative relative risk (RR), indicating the number of times more likely to have influenza compared to reference value (Ref); Solid line: RR value; Grey shadow: 95% confidence interval (95% CI).



## Highlights

- High temperature only associated with influenza A occurrence.
- High diurnal temperature range (DTR) causes more influenza A cases.
- Low DTR causes more influenza B cases.
- High DTR and low temperature were the key drivers for influenza A and B separately.

Journal Pre-proofs