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Werder, Rhiannon, Zhang, Vivian, Lynch, Jason, Snape, Natale, Upham, John, Spann, Kirsten, & Phipps, Simon (2018)

Chronic IL-33 expression predisposes to viral-induced exacerbations of asthma by increasing type-2 inflammation and dampening antiviral immunity.

Journal of Allergy and Clinical Immunology, *141*(5), Article number: e9 1607-1619.

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https://doi.org/10.1016/j.jaci.2017.07.051

Accepted Manuscript

Chronic IL-33 expression predisposes to viral-induced exacerbations of asthma by increasing type-2 inflammation and dampening antiviral immunity

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PII: S0091-6749(17)31500-2

DOI: 10.1016/j.jaci.2017.07.051

Reference: YMAI 13021

To appear in: Journal of Allergy and Clinical Immunology

Received Date: 6 December 2016

Revised Date: 20 July 2017

Accepted Date: 31 July 2017

Please cite this article as: Werder RB, Sci BB, Zhang V, Lynch JP, Snape N, Upham JW, Spann K, Phipps S, Chronic IL-33 expression predisposes to viral-induced exacerbations of asthma by increasing type-2 inflammation and dampening antiviral immunity, *Journal of Allergy and Clinical Immunology* (2017), doi: 10.1016/j.jaci.2017.07.051.

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1	Chronic IL-33 expression predisposes to viral-induced exacerbations
2	of asthma by increasing type-2 inflammation and dampening antiviral
3	immunity
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18	The authors have no conflicting financial interest. This work was supported by a research
19	grant from Pfizer, Inc, an equipment grant from the Rebecca L. Cooper Medical Research

20 Foundation, an Australian Infectious Disease Research Excellence Award awarded to S.P.,

21 J.P.L and J.W.U., and an Australian Research Council Future Fellowship to S.P.

22 Abstract

<u>Background</u>: Rhinovirus infection triggers acute exacerbations of asthma. IL-33 is an
 instructive cytokine of type-2 inflammation whose expression is associated with viral load
 during experimental rhinovirus infection of asthmatic subjects.

<u>Objective</u>: To determine whether anti-IL-33 therapy is effective during disease progression,
established disease, or viral exacerbation using a preclinical model of chronic asthma and in
vivo human primary airway epithelial cells (AECs).

<u>Methods</u>: To model disease onset, progression, and chronicity, mice were exposed to pneumonia virus of mouse and cockroach extract in early-life and later-life, then challenged with rhinovirus. Interventions included anti-IL-33 or dexamethasone at various stages of disease. AECs were obtained from asthmatic and healthy patients, and treated with anti-IL-33 following RV infection.

34 Results: Anti-IL-33 decreased type-2 inflammation in all phases of disease; however, the ability to prevent airway smooth muscle growth was lost after the progression phase. After 35 36 the chronic phase, IL-33 levels were persistently high and rhinovirus challenge exacerbated 37 the type-2 inflammatory response. Treatment with anti-IL-33 or dexamethasone diminished 38 exacerbation severity and anti-IL-33, but not dexamethasone, promoted antiviral IFN 39 expression and decreased viral load. RV replication was higher and IFN-lambda lower in asthmatic compared to healthy AECs. Anti-IL-33 lowered RV replication and increased IFN-40 41 λ at the gene and protein level.

42 <u>Conclusion</u>: Anti-IL-33 or dexamethasone suppressed the magnitude of type-2 inflammation 43 during a rhinovirus-induced acute exacerbation, however only anti-IL-33 boosted antiviral 44 immunity and lowered viral replication. The latter phenotype was replicated in RV infected

45	human AECs, suggesting that anti-IL-33 therapy has the additional benefit of enhancing host
46	defence.
47	
48	Key messages:
49	• IL-33 blockade abrogates type-2 inflammation during all phases of disease but the
50	ability to modulate airway remodelling is lost in established disease
51	• Chronic IL-33 expression predisposes to rhinovirus-induced exacerbation of disease
52	in vivo, and suppresses antiviral immunity in ex vivo human AEC cultures
53	• Anti-IL-33 decreases type-2 inflammation, lowers viral burden, and promotes
54	antiviral immunity during a RV-induced exacerbation
55	
56	Capsule summary:
57	Using a preclinical model of chronic asthma and primary human AECs we show that anti-IL-
58	33 boosted IFNs and lowered RV replication, suggesting that in addition to attenuating type-2
59	inflammation, anti-IL-33 therapy may enhance host defence.
60	
61	Key words:
62	IL-33; rhinovirus; asthma; exacerbation; antiviral
63	
64	Abbreviations:
65	AEC: Airway epithelial cell
66	ASM: Airway smooth muscle
67	BALF: Bronchoalveolar lavage fluid
68	CRE: Cockroach extract
69	IFN: Interferon

- 70 IL: Interleukin
- 71 ILC2: Type-2 innate lymphoid cell
- 72 PVM: Pneumonia virus of mice
- 73 RSV: Respiratory syncytial virus

74 Introduction

75 Genome-wide association studies have associated variants in or near the interleukin (IL)-33 76 and the IL-33 receptor (also known as ST2 and IL-1RL1) loci with asthma risk (1-3). IL-33 is constitutively expressed by epithelial and mesenchymal cells in the airway wall, and is 77 78 primarily located in the nucleus in the steady-state (4, 5). However, in response to cellular 79 stress, injury, or death, it is released into the extracellular space where it acts as a cytokine 80 (6). The expression of IL-33 is elevated in the lungs and airways of patients with asthma, and 81 correlates with disease severity (7-9). IL-33 levels are also elevated in mouse models of 82 asthma, where its blockade is protective (10-12). In the context of eosinophilic asthma, IL-33 is pathogenic because it induces type-2 inflammation through the expansion and activation of 83 84 type-2 innate lymphoid cells (ILC2s) and CD4+ T helper 2 (Th2) cells. These cells produce type-2 cytokines, namely IL-4, IL-5 and IL-13, which act on structural cells and type-2 85 effector cells, such as mast cells and eosinophils, to promote the cardinal features of asthma. 86 IL-33 can also directly activate type-2 effector cells, and is therefore a central orchestrator of 87 88 type-2 immunity. Accordingly, several monoclonal antibodies against IL-33 and its receptor 89 have been developed, and have now entered phase I clinical trials (13).

90 Consistent with an important role in asthma pathogenesis, known asthma triggers, such as 91 allergens and respiratory viral infections (most notably respiratory syncytial virus [RSV] and 92 rhinovirus [RV]) induce IL-33 release (14). Severe lower respiratory tract viral infections in 93 early life, especially in children who later become sensitised to aeroallergens, are a major risk 94 factor for asthma inception (15-19), and it is noteworthy that the impaired lung function 95 observed in early-life often persists through childhood and into later-life, when disease 96 becomes increasingly chronic (20, 21). To simulate the human epidemiology, we recently 97 developed a preclinical model of asthma by co-exposing mice to cockroach allergen and 98 pneumonia virus of mice (PVM), the mouse homologue of RSV, both in early-life, to model

99 disease inception, and later-life, to model disease progression (22). In this chronic multi-hit 100 model, antibody-mediated neutralisation of IL-33 in early- and later-life ablated the 101 development of the cardinal features of asthma, including airway hyperreactivity, airway 102 inflammation and airway remodelling. Additionally, we demonstrated that IL-33 acts as a 103 potent suppressor of antiviral immunity, attenuating the induction of type I and III IFNs and increasing viral load, and thereby predisposing to severe viral bronchiolitis in early-life. 104 However, we treated the mice during disease onset in early-life, and hence the effect of IL-33 105 106 neutralisation on disease progression or on established disease, as will be the clinical scenario in which anti-IL-33 treatments are to be directed in the near future, remained unknown. 107

In a separate mouse model of virus-induced asthma, Sendai virus infection was found to 108 induce an early spike in IL-33 expression following by a second, more intense phase that 109 persisted for several weeks after the virus was cleared, implicating a switch from acute to 110 111 chronic IL-33 release related to long-lived alterations to epithelial progenitor cells (23). In light of our recent findings demonstrating a hitherto unrecognised suppressive effect of IL-33 112 on antiviral immunity, we sought to identify whether IL-33 expression was long-lived in our 113 114 virus/allergen model. Although it is recognised that the majority of asthma exacerbations in both children and adults are associated with a respiratory RV infection (24, 25), and that this 115 phenotype is associated with an IL-33^{high}IFN^{low} cytokine microenvironment (14, 26), it is not 116 117 known whether IL-33 predisposes to the impaired antiviral immunity observed during an exacerbation or as shown in virus infected primary AECs from asthmatic patients (14, 27, 118 119 28). Hence, we sought to address whether anti-IL-33 therapy would decrease susceptibility to 120 a RV-mediated acute exacerbation of asthma in a mouse model of chronic asthma on two 121 fronts: by decreasing type-2 inflammation and by increasing anti-viral immunity. To translate 122 our findings, we also analysed the effect of anti-IL-33 on the antiviral response of human hAECs from healthy and asthmatic patients infected with RV. 123

124 Experimental Procedures

- 125 Detailed methods are available in the online supplement.
- 126 Co-virus and allergen-induced asthma and rhinovirus-induced exacerbation

127 Specific pathogen-free BALB/c mice were intranasally inoculated with PVM (1 pfu at 7 days 128 old, 20 pfu at 49 days old; strain J3666) (29) and exposed to 1 μ g of cockroach allergen 129 (CRE; Greer Laboratories) as per study design (Fig 1A) (22). Anti-IL-33 or isotype control 130 antibody (200 μ g, Pfizer, Inc) or dexamethasone (75 mg, Sigma-Aldrich) were administered 131 as per study designs. For RV-1B exacerbation, mice were intranasally inoculated with RV-1B 132 (5x10⁶ TCID₅₀). All studies were approved by The University of Queensland Animal Ethics 133 Committee.

134 Human bronchial epithelial cell culture

135 Primary hAECs from healthy and asthmatic patients were obtained from Lonza. Cells were grown in Bronchial Epithelial Growth Medium (BEGM) (Lonza) and expanded to passage 2 136 prior to experimentation. hAECs were seeded into 24-well plates and grown to 80% 137 confluence prior to infection with RV-16 or RV-1B (MOI 1). RV-16 and RV-1B stocks were 138 139 generated from infected cultures of HeLa cells as previously described (30). After 2 hours 140 the viral inoculum was removed, replaced with fresh media and treated in the absence or 141 presence of anti-IL-33 (1 µg/mL; cat number RDSAF3625, R&D Systems). At 48 hours post infection, supernatants were removed and snap-frozen and the AECs collected for RNA 142 143 isolation (detailed below).

144 *Flow cytometry*

145 Flow cytometry was performed on bronchoalveolar lavage fluid (BALF) cells or lung tissue146 digest cells as previously described (31). Single cell suspensions were incubated with

- 147 fluorochrome-conjugated antibodies (details in online supplement). Dead cells were
- 148 excluded when samples were collected with an LSR Fortessa X-20 (BD Biosciences) and the
- 149 data analysed with FACSDiva v8 (BD Biosciences) and FlowJo v8.8 (Treestar).
- 150 Immunohistochemistry
- 151 Paraffin-embedded lung sections were prepared as previously described (29). Lung sections
- 152 were stained with anti-IL-33, anti-pro-SPC, anti-HMGB1, anti- α -SM actin and anti-Muc5ac,
- 153 as detailed in online supplement.
- 154 Measurement of protein expression
- 155 Murine IL-33 (R&D), IL-25 (Biolegend), and IL-5 (BD Biosciences) expression was
- 156 quantified by ELISA and IL-13 (Enhanced Sensitivity Flex Set, BD Biosciences) by cytokine
- 157 bead array. Human IFN- λ and IL-33 was quantified by ELISA (R&D).
- 158 *Quantitative real time PCR*
- Total RNA was isolated with TriReagent solution followed by phenol-chloroform extraction.
 Reverse transcription was performed using M-MLV reverse transcriptase then qRT-PCR
- 161 performed using SYBR Green and the primers described in Table S1.
- 162 Statistical analyses

163 GraphPad Prism version 7.0 software (La Jolla, California) was used for all statistical 164 analyses. A Student's t-test, one-way ANOVA with a Tukey post-hoc test or two-way 165 ANOVA with a Sidak post-hoc test were applied as appropriate. A P value <0.05 was 166 considered statistically significant.

167

168

169 <u>Results</u>

170 Treatment with anti-IL-33 during the progression and chronic phases reduces many key
171 features of the asthmatic phenotype

172 We have previously developed a preclinical model of asthma that simulates the synergistic interactions between lower respiratory tract infections and low-dose allergen exposure (22). 173 174 Critically, this model (see Fig. 1A for study design) deliberately uses a low dose of virus and 175 low dose of cockroach allergen that when administered alone is not sufficient to induce the hallmark features of asthma. Moreover, we identified that the onset of disease is critically 176 177 dependent on the timing of virus and allergen co-exposure in early life. Before assessing the effectiveness of anti-IL-33 as a therapeutic, we first wanted to assess whether the timing of 178 the second virus and allergen exposure was critical for disease progression. When the CRE 179 180 exposure ('C1') was delayed until 7 days (day 49; Supp Fig 1A) after the secondary viral 181 infection, the mice no longer developed the cardinal features of asthma (eosinophilia, neutrophilia, mucous hypersecretion and airway smooth muscle [ASM] growth), as occurs 182 183 when the CRE was administered 3 days after the virus challenge (day 45; Supp Fig 1B-E). Of 184 note, when the mice were treated with CRE at day 45 and killed 4 days later (i.e. in the 185 absence of the second-fourth CRE challenge; 'C2-C4'), the mice did present with asthma-like 186 pathologies (Supp Fig 1F-J). Collectively, these findings justify the separation of the model into three distinct phases: onset, progression, and chronicity (Fig. 1A), and allowed us to test 187 188 the effectiveness of anti-IL-33 when administered during disease progression or as a therapeutic agent in established disease. 189

190 To assess the effectiveness of IL-33 neutralisation on disease progression, mice were 191 inoculated with PVM and CRE, and then treated intraperitoneally with anti-IL-33 or control 192 isotype-matched antibody, starting in the progression phase and continuing through the

193 chronic phase (Fig. 1A). To compare with a conventional therapy, an additional group of 194 mice was treated with the corticosteroid dexamethasone (75 µg). Mice treated with the isotype control had elevated numbers of airway eosinophils and neutrophils, coupled with 195 elevated levels of ILC2s, total CD4 T cells, and CD4 Th2 cells (identified by ST-2 196 197 expression) (32) as compared to mice exposed to vehicle (i.e. non-PVM, non-CRE) (Fig 1B-F). Consistent with our previous findings (22), IL-5 and IL-13 production was not detectable 198 72 hr post challenge (data not shown). However, the cellular inflammation was associated 199 200 with features of airway remodelling including mucus hypersecretion and increased ASM mass (Fig 1G-H). In response to treatment with either anti-IL-33 or dexamethasone, the 201 202 number of airway eosinophils was significantly decreased compared to mice treated with the 203 isotype control. In contrast, neither treatment affected neutrophils, lymphocytes, regulatory T cells, mononuclear cells or the total cell count in the BAL (Fig 1B-C, Supp Fig 2 and data not 204 205 shown). Both treatments also significantly reduced lung ILC2s and CD4+ Th2 cells and mucus hypersecretion (Fig 1D-G); however, only anti-IL-33 prevented the increase in ASM 206 mass (Fig 1H). 207

208 IL-33 blockade during the chronic phase affects type-2 immunity but not airway remodelling

209 To address the effectiveness of anti-IL-33 or dexamethasone in established disease, mice 210 were treated 24 hr prior to each of the CRE exposures in the chronic phase ('C2-C4'; Fig 211 2A). Using this regimen, neither treatments had any substantive effect; anti-IL-33 only 212 reduced airway eosinophils and neutrophils (Fig 2B-C and Supp Fig 3), while dexamethasone 213 decreased CD4+ Th2 cells (although this was not significant) (Fig 2D-F). We reasoned that 214 the lack of efficacy may relate to a lack of 'coverage' of IL-33, and assessed the effect of a 215 twice/weekly dosing regimen. In addition to the parameters affected by the once/weekly 216 dosing, ILC2s, CD4+ Th2 cells, and mucus hypersecretion were then also significantly

- 217 decreased by anti-IL-33, while twice/weekly dexamethasone only affected ILC2s in the lung
- 218 (Fig 2B-G). Notably, neither treatment affected ASM growth (Fig 2H).
- 219 Established respiratory disease induces long-term changes to structural cells of the lung

We next investigated whether the structural alterations would persist in the absence of virus 220 or allergen challenge (Fig 3A). As expected, ASM mass remained significantly elevated 221 222 when assessed 4 weeks (day 94) after the final CRE exposure (Fig 3B). Although the extent of the mucus hypersecretion and other measures of type-2 inflammation had resolved (data 223 not shown), the concentration of IL-33 in the BALF was significantly greater at 94 dpi than at 224 225 69 dpi. IL-33 (red) was expressed primarily in pro-surfactant protein C (SPC)-positive (green) alveolar epithelial cells in both vehicle and PVM/CRE exposed mice; however, the 226 intensity of the IL-33 immunoreactivity was far greater in the mice exposed to PVM/CRE 227 228 (Fig 3D). We and others have recently identified that high mobility group box 1 (HMGB1), 229 another nuclear alarmin, contributes to the cytokine cascade that amplifies type-2 inflammation (33, 34). The levels of cytoplasmic HMGB1 in the bronchial epithelium were 230 231 significantly greater in the mice co-exposed to PVM/CRE, and remained elevated at day 94 232 (Fig. 3E), suggesting that the effects of virus/allergen co-exposure on airway structural cells 233 are long-lived and persist in the absence of overt cellular inflammation.

234 Exacerbation with rhinovirus induces type-2 inflammation

In light of the persistent airway remodelling and IL-33 production, and also our recent findings that IL-33 suppresses antiviral immunity during disease onset (22), we postulated that even without a recent allergen exposure, mice with features of chronic asthma would be more susceptible to an acute exacerbation triggered by RV exposure. To test our hypothesis, healthy (vehicle-exposed) and diseased (PVM/CRE co-exposed) mice were inoculated four weeks after the final CRE challenge with RV-1B ($5x10^6$ TCID₅₀) which unlike most RV

241 strains (e.g. RV-16) can infect and replicate in mice (35) (Fig 4A). Three days after RV inoculation, both airway eosinophils and neutrophils were significantly elevated in the 242 diseased mice as compared to the healthy controls. Similarly ILC2s, CD4+ Th2 cells and 243 244 mucus hypersecretion were significantly greater in the diseased mice (Fig. 4B-G and Supp 245 Fig 4). This phenotype was associated with a significant increase in IL-13 and IL-5 levels in the BALF (Fig. 4H-I). Importantly, the hyper-inflammatory response to RV inoculation was 246 not evident in mice that had been exposed to CRE alone, PVM alone, or PVM alone in early-247 life with PVM/CRE co-exposure in later-life (Fig 4B-I). Moreover, RV inoculation of healthy 248 mice did not induce significant IL-33 or IL-25 release (Supp Fig 4A-B). As expected in the 249 250 short 3 day timeframe, RV-1B inoculation did not increase ASM mass in any of the treatment 251 groups (data not shown). IL-33 was not detectable in the BALF at 1 or 3 days post RV 252 challenge (data not shown).

253 Blocking IL-33 prior to RV-exacerbation decreases type-2 inflammation

254 This unique preclinical model allowed us to test whether immuno-neutralisation of IL-33 would decrease the magnitude of type-2 inflammation in response to an acute RV-induced 255 256 exacerbation in the setting of chronic asthma. PVM/CRE co-exposed mice were treated 257 twice/week with dexamethasone, anti-IL-33 or isotype-matched control, in the four weeks 258 between the final CRE challenge and the RV inoculation (Fig 5A). Anti-IL-33 significantly 259 attenuated the number of eosinophils and neutrophils in the airways, and ILC2s and CD4+ 260 Th2 cells in the lungs as compared to mice treated with the isotype control (Fig 5B-F and 261 Supp Fig 5). Treatment with dexamethasone was similarly or more effective at dampening the inflammatory cell response (Fig 5B-F), and of note, both treatments decreased the number 262 263 of CD4+ T cells in the lung prior to the RV exacerbation (Fig 5E). Furthermore, both treatments significantly decreased the expression of IL-13 and IL-5 in the airway compared 264 with isotype-matched treatment group (Fig 5G-H). Despite the pronounced suppression of 265

266 type-2 inflammation, only dexamethasone treatment significantly reduced epithelial Muc5ac expression (Fig 5I). Interestingly, however, treatment with anti-IL-33, but not 267 dexamethasone, significantly decreased the fraction of bronchial epithelial cells with 268 269 cytoplasmic HMGB1 prior to the RV-induced exacerbation (Fig. 5J). Following RV 270 infection, expression of cytoplasmic HMGB1 was dramatically diminished, regardless of 271 treatment group, suggestive of its extracellular release. When measured in the BALF at 1 dpi, HMGB1 levels were significantly elevated in the isotype- or dexamethasone-treated mice, but 272 273 not in the anti-IL-33 treated mice (Fig 5K).

274 IL-33 blockade prior to exacerbation boosts antiviral immunity

In light of our previous finding that IL-33 suppresses antiviral immunity during PVM 275 infection in early-life (22), we questioned whether IL-33 affects the host response to RV 276 277 infection. It was noteworthy that the viral load in the diseased (isotype-treated) mice was significantly greater than that of the healthy (naïve) mice, similar to the delayed clearance 278 279 observed in RV-inoculated asthmatics (14, 26) (Fig. 6A). Moreover, this phenotype aligned with an attenuated IFN- α response in the lungs (Fig. 6B). Strikingly, when the diseased mice 280 were pre-treated with anti-IL-33, the viral load and expression of IFN- α , IFN- λ and IFN- γ in 281 the lungs was equivalent to that of the healthy mice (Fig. 6B). In stark contrast, 282 283 dexamethasone treatment did not lower viral load and did not modulate IFN gene expression.

284 Anti-IL-33 increases antiviral immunity in healthy and asthmatic AECs

In light of our findings in mice, we postulated that IL-33 may contribute to the loss of viral control and impaired IFN production observed previously in *in vitro* cultured AECs from asthmatic patients (27, 28, 36-38). Using hAECs obtained from healthy and asthmatic patients, we confirmed that viral replication (both RV-16 or RV-1B; MOI 1) was significantly greater in hAECs from subjects with asthma (Fig. 7A-B). Strikingly, pre-

290 treatment with anti-IL-33 significantly decreased RV-16 replication in both healthy and 291 asthmatic cells (Fig. 7A). A similar trend was observed with RV-1B infected hAECs (Fig. 7B). RV-16 or RV-1B induced IFN- λ gene expression was significantly lower in hAECs 292 293 from asthmatic patients and was significantly up-regulated upon pre-treatment with anti-IL-33 regardless of disease status (Fig. 7C-D). At the protein level, RV-16 stimulated IFN- λ 294 295 production was significantly increased from the hAECs of asthmatic patients when IL-33 was neutralised (Fig. 7E-F). IFN-B gene expression was not significantly different between 296 297 healthy and asthmatic patients, however IFN-B transcripts were significantly increased following treatment with anti-IL-33 in the asthmatic patients in response to either virus strain 298 299 (Fig. 7G-H). Although IL-33 protein was not detectable in the supernatant at 48 hr post 300 infection, (Supp Fig 6A-B); IL-33 mRNA levels were significantly elevated following RV 301 infection (Fig. 7I-J).

302 Discussion

303 In this study, we used a preclinical mouse model of chronic asthma that simulates the 304 synergistic interplay between viral and allergen exposure, and which has four distinct phases: onset, progression, chronic, and exacerbation. We found that anti-IL-33 treatment during the 305 306 progression and chronic phase, or during the chronic phase alone, or prior to the exacerbation 307 phase alone, attenuated the magnitude of type-2 inflammation and asthma-like pathologies in 308 the airway wall. In general, anti-IL-33 was as effective at ameliorating disease as treatment 309 with the corticosteroid dexamethasone, although there were subtle differences depending on 310 the timing of treatment. However, the most stark difference was observed in the exacerbation 311 phase: whereas dexamethasone had no effect on antiviral host defence, anti-IL-33 promoted 312 antiviral immunity and lowered viral burden. Importantly, the suppressive effect of IL-33 on antiviral immunity was confirmed in RV-16 or RV-1B infected hAECs from healthy and 313 314 asthmatic patients.

Consistent with the findings of others, we observed that IL-33 blockade decreased the cellular 315 inflammation associated with Th2 immunity, including CD4+ Th2 cells, ILC2s, and 316 317 eosinophils (10-12) (Fig. 1 & 2). Unfortunately, due to the lungs collapsing during forced 318 oscillation technique we could not assess the effect of IL-33 blockade on airway 319 hyperreactivity. However, we recently reported that anti-IL-33 also prevents ASM 320 hyperplasia when administered during onset and progression of asthma (22), and we confirm 321 these findings here by showing that treatment during both the progression and chronic phases 322 is similarly effective. However, we also revealed that commencing treatment after the 323 progression phase has no effect on ASM remodelling (Fig. 2). These data are concordant with 324 clinical reports indicating the ASM becomes more fixed and difficult to reverse in adults with 325 asthma (39, 40), and highlight the need for asthma interventions in early-life when the ASM 326 is more amenable to treatment, perhaps as consequence of greater plasticity.

327 In the steady-state, IL-33 is primarily expressed by non-haematopoietic cells, including 328 epithelial cells (alveolar and bronchiolar) and endothelial cells (4, 5, 8, 9). We previously reported that PVM/CRE co-exposure increases IL-33 expression in bronchial epithelial cells 329 330 during disease onset (22), however when we assessed the levels of IL-33 following the 331 progression and chronic phase, we found that IL-33 was primarily expressed by alveolar epithelial cells, even after four weeks without an environmental stimulus (Fig. 3). This 332 phenotype was associated with high levels of IL-33 in the airway lumen, and reminiscent of 333 334 the findings observed in a mouse model of Sendai virus infection (23), although our model incorporated multiple exposures, more typical of disease aetiology. In contrast to the Sendai 335 336 virus model, the expression of IL-13, which can feed-forward to amplify IL-33 levels (41), 337 was not elevated. Rather the phenotype in our model was similar to that observed in children with severe asthma, who express greater levels of IL-33 in structural cells in the absence of 338 339 an elevated IL-13 signal (12). Additionally, we identified that the cytoplasmic expression of HMGB1, another alarmin that is constitutively expressed in the nucleus of barrier cells and 340 contributes to type-2 inflammation (33, 34), remained significantly elevated in bronchial 341 342 epithelial cells long after the final CRE exposure. Further studies are needed to identify the molecular mechanism that leads to the elevated and persistent expression of IL-33 and 343 344 HMGB1 as this may identify a novel target(s) for therapeutic intervention.

Acute exacerbations of asthma are a major cause of morbidity and mortality, and present a considerable health care burden. Current therapeutic options to manage exacerbations are suboptimal: corticosteroids reduce exacerbations by 50% (42), anti-IL-5 therapy allows for steroid sparing but again only reduces exacerbations by 50% (43, 44), while type-I IFN therapy fails to improve symptoms during a viral exacerbation (45). To address this unmet need, more representative and predictive preclinical models of viral exacerbation are required (46). Disappointingly, inoculation with RV shortly after the final allergen challenge in acute

352 models of allergic asthma (using ovalbumin or house dust mite) induces an inflammatory 353 response that is short-lived (lasting <24 hr) and predominantly neutrophilic (47-51), contrary to the clinical phenotype (14, 26). By contrast, RV challenge after the chronic phase in our 354 355 model induced a mixed granulocytic response that was associated with increased numbers of ILC2 and CD4+ Th2 cells and a marked increase in the production type-2 cytokines (Fig. 4). 356 357 Importantly, this phenotype was not present in mice that had been exposed to cockroach alone or even the mice that had been subjected to all exposures bar the CRE administration in 358 359 early-life. Thus, viral bronchiolitis in early-life increased the susceptibility to an RV-360 triggered exacerbation of asthma in later-life. The molecular processes that underpin this 361 'switch' in early-life remain elusive; however the long-lived effects may reflect epigenetic 362 alterations in progenitor epithelial cells and/or immune cell populations, and are evidently activated upon RV infection. 363

364 In light of the ability of RV to induce IL-33 release from human bronchial epithelial cells (14) and the elevated IL-33 levels in the chronic phase of our model, we hypothesised that the 365 neutralisation of IL-33 prior to the inoculation with RV would diminish the severity of the 366 367 exacerbation. Similar to corticosteroid treatment, anti-IL-33 significantly decreased the 368 magnitude of the type-2 response (e.g. eosinophils, ILC2s, type-2 cytokines) induced in response to RV challenge (Fig. 5). However, in contrast to the progression and chronic phase, 369 370 anti-IL-33 did not reduce epithelial Muc5ac expression induced by the RV infection, perhaps 371 due to cytokine redundancy (52, 53). Both treatments also decreased the number of CD4+ T 372 cells in the lungs prior to the exacerbation. Interestingly, pre-treatment with anti-IL-33, but 373 not dexamethasone, decreased the number of bronchial epithelial cells expressing 374 cytoplasmic HMGB1 prior to RV challenge and as a consequence, the concentration of 375 HMGB1 released into the BALF was significantly decreased following the RV-induced 376 exacerbation. This is important as we and others have shown that HMGB1 is a type-2

instructive cytokine (33, 34), like IL-33. Alarmins commonly initiate feed-forward
mechanisms to amplify innate immunity (33). Our findings implicate a role for IL-33 in
maintaining the dysregulated and proinflammatory epithelium that is now recognised to be a
hallmark feature of asthma.

381 RV-stimulated IFN- λ and IFN- β production has been shown to be impaired in bronchial 382 epithelial cells from asthmatic or allergic subjects (27, 28, 54), although other studies did not replicate this phenotype (55, 56). Intriguingly, in response to experimental RV infection, viral 383 384 load was significantly higher and correlated with nasal IL-33 expression, in asthmatics 385 compared with healthy subjects (14); however, whether IL-33 directly caused the loss of viral 386 control was not addressed. In our preclinical model, antiviral cytokine expression was markedly impaired in diseased compared to healthy mice following RV inoculation, 387 implicating the existence of a negative-regulatory process in the diseased mice. In light of our 388 389 recent findings demonstrating that IL-33 suppresses antiviral immunity (22), we postulated that following the chronic phase, persistently elevated IL-33 levels would affect host 390 immunity. Consistent with this theory, anti-IL-33 treatment prior to the RV exacerbation 391 392 restored the production of antiviral cytokines and diminished the level of RV viral copies to 393 that observed in RV inoculated healthy mice (Fig. 6). In contrast, dexamethasone treatment had no effect on viral load or the dampened IFN production; thus the beneficial effects of 394 395 dexamethasone on the pro-inflammatory response appear to be outweighed by their 396 detrimental impact on local antiviral immunity, at least in the short-term. Importantly, 397 through immune-neutralisation of human IL-33, we confirmed that RV-induced IL-33 398 dampens antiviral immunity and increases viral replication in human AECs obtained from both healthy and asthmatic patients (Fig. 7). Although IL-33 protein expression was not 399 400 detectable in the supernatant, possibly due to its degradation, we observed a significant up-401 regulation in IL-33 mRNA levels in RV-1B stimulated hAECs from asthmatic patients.

Taken together, our findings suggest that anti-IL-33 protects against virus-induced exacerbation via two mechanisms: decreasing type-2 inflammation and restoring antiviral immunity. Studies are now urgently required in man to confirm the anti-type-2 effects of neutralising IL-33, but perhaps more importantly, it will be critical to assess whether IL-33 blockade restores antiviral immunity and epithelial homeostasis *in vivo*, as there may be the potential to return the airway epithelium to the healthy steady-state.

408 In conclusion, we present a novel preclinical model of chronic asthma that recapitulates much 409 of the human epidemiology and highlights a critical role for IL-33 in the disease progression, chronicity, and exacerbations. IL-33 blockade attenuates type-2 inflammation in all phases of 410 411 disease, although its beneficial effects against ASM remodelling are lost once disease is established. Uniquely, we show that anti-IL-33 ameliorates RV-induced exacerbation by 412 suppressing type-2 inflammation, restoring antiviral immunity, increasing viral clearance, and 413 decreasing alarmin expression in the bronchial epithelium. Our findings in vivo were 414 replicated in vitro using healthy and asthmatic hAECs infected with RV. Anti-IL-33 boosted 415 antiviral immunity in both healthy and asthmatic cells and controlled viral burden. 416 417 Monoclonal antibodies targeting IL-33 or its receptor have now entered Phase I trials. With 418 phase II trials on the horizon, it will be important to take the opportunity to assess whether 419 IL-33 blockade restores host defence as well as suppressing type-2 inflammation.

420

421 Acknowledgements

422 We thank Drs Nocka, Kasaian and Bloom (Pfizer, Inc) for the supply of anti-mouse IL-33.

423

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594 Figure legends

Figure 1. IL-33 blockade during the progression and chronic phase prevents type-2 595 inflammation and airway remodelling. (A) Study design. 7 day old (0 days post infection 596 597 [dpi]) neonatal mice were infected with pneumonia virus of mice (PVM) and exposed to 598 cockroach allergen (CRE) 3 days later. Mice were then reinfected 6 weeks later and exposed 599 to CRE weekly. Mice were treated with anti-IL-33, relevant isotype control or dexamethasone as indicated. (B) Eosinophils and (C) Neutrophils in the BALF. (D) Type 2 600 601 innate lymphoid cells (ILC2), (E) CD4 T cells and (F) Th2 cells in the lung. (G) Mucous 602 production in the lung, quantified as a score of Muc5ac expression. (H) Airway smooth 603 muscle area. * denotes significance compared with vehicle treated mice. # denotes 604 significance compared with isotype treated mice. Box and whisker plots show quartiles 605 (boxes) and range (whiskers), n=5-8 mice/group, representative of 2 experiments.

606 Figure 2. IL-33 blockade during the chronic phase prevents type-2 inflammation but 607 does not alter ASM remodeling. (A) Study design. Mice were treated once or twice weekly with anti-IL-33, isotype control or dexamethasone prior to second cockroach allergen (CRE) 608 609 in reinfection. (B) Eosinophils and (C) Neutrophils in the BALF. (D) Type 2 innate 610 lymphoid cells (ILC2), (E) CD4 T cells and (F) Th2 cells in the lung. (G) Muc5ac score. (H) ASM. * denotes significance compared with vehicle treated mice. # denotes significance 611 compared with isotype treated mice, at that dosing regimen. Box and whisker plots show 612 quartiles (boxes) and range (whiskers) n=6-8 mice/group, representative of 2 experiments. 613

Figure 3. IL-33 and HMGB1 are persistently elevated in asthmatic mice. (A) Study 614 design. Mice were euthanized at 69 or 94 days post primary infection. (B) Airway smooth 615 616 muscle (ASM) area. (C) IL-33 in the BALF. (D) IL-33 immunofluorescence. Red = IL-33, green = pro-surfactant protein C (pro-SPC), blue = DAPI. Scale bar = 50 μ m. (E) 617 Cytoplasmic high mobility group box 1 (HMGB1) expression in airway epithelial cells. * 618 619 denotes significance compared with vehicle treated mice. # denotes significance between 620 time points. Box and whisker plots show quartiles (boxes) and range (whiskers), n=5-7, 621 representative of 2 experiments.

Figure 4. Rhinovirus infection induces an exacerbation only in mice with established 622 623 disease. (A) Study design. Asthma was established as before then mice were rested for four weeks before inoculation with rhinovirus (RV)-1B ($5x10^6$ TCID50). (B) Eosinophils and (C) 624 Neutrophils in the BALF. (D) Type 2 innate lymphoid cells (ILC2), (E) CD4 T cells and (F) 625 626 Th2 cells in the lung. (G) Muc5ac score. (H) IL-13 and (I) IL-5 expression in the BALF. * 627 denotes significance compared with vehicle treated mice. # denotes significance compared 628 with PVM/CRE/PVM/CRE/RV mice. Box and whisker plots show quartiles (boxes) and range (whiskers), n=6-9, representative of 2 experiments. 629

630 Figure 5. IL-33 blockade prevents type-2 inflammation during an RV-exacerbation. (A) Study design. Mice were treated twice weekly with anti-IL-33, isotype or dexamethasone in 631 632 the four weeks prior to rhinovirus (RV)-1B infection. (B) Eosinophils and (C) Neutrophils in 633 the BALF. (D) Type 2 innate lymphoid cells (ILC2), (E) CD4 T cells and (F) Th2 cells in the 634 lung. (G) IL-13 and (H) IL-5 expression in the BALF. (I) Muc5ac score. (J) Cytoplasmic high 635 mobility group box 1 (HMGB1) expression in airway epithelial cells. (K) HMGB1 expression in the BALF. * denotes significance compared with vehicle treated mice. # 636 637 denotes significance compared with isotype treated mice. Data are mean±SEM, n=7-9 638 mice/group, representative of 2 experiments.

639 **Figure 6. Treatment with anti-IL-33 promotes antiviral immunity during RV**-640 **exacerbation**. Mice were euthanized 1 day post rhinovirus (RV)-1B infection. (A) RV-1B 641 viral copies were measured by qPCR. (B) Gene expression of interferon (IFN)-α, IFN- λ and 642 IFN- γ . * denotes significance compared with vehicle treated mice. # denotes significance 643 compared with isotype treated mice. Box and whisker plots show quartiles (boxes) and range 644 (whiskers), n=5-7 mice/group, representative of 2 experiments.

645 Figure 7. Anti-IL-33 blockade boosts antiviral immunity of RV infected hBECs. 646 Healthy (open circles) and asthmatic (closed) primary hAECs were infected with RV-16 or 647 RV-1B (MOI 1). (A) RV-16 and (B) RV-1B viral copies were measured by qPCR. (C) Gene expression of IFN- λ following RV-16 or (D) RV-1B infection. (E) IFN- λ expression in 648 supernatant following RV-16 or (F) RV-1B infection. (G) Gene expression of IFN-β 649 650 following RV-16 or (H) RV-1B infection. (I) IL-33 expression in uninfected (UI) samples and RV-16 or (J) RV-1B infected hAECs. * denotes significance within groups. # denotes 651 652 significance between healthy and asthmatic cells. n=5 patients/group, in duplicate.

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REAL

Table S1

Name	Oligonucleotide Primer
RV-1B	Forward: 5'- CAATGGGTGTTGTACTCTGTTATTC -3'
	Reverse: 5'- CCTGGAGAGTTGCCTACTATTG -3'
RV-16	Forward: 5' – CCCTGAATGTGGCTAACCTT -3'
	Reverse: 5' – GAAACACGGACACCCAAAGTA -3'
mHprt	Forward: 5'- AGGCCAGACTTTGTTGGATTTGAA -3'
	Reverse: 5'- CAACTTGCGCTCATCTTAGGCTTT -3'
mIFN-α4	Forward: 5'- CAGCATCTACAAGACCCACAA -3'
	Reverse: 5'- GCAGGTCACATCCTAGAGAAC -3'
mIFN-λ2	Forward: 5'- GATTGCCACATTGCTCAGTTC -3'
	Reverse: 5'- CTTCTCAAGCAGCCTCTTCTC -3'
mIFN-γ	Forward: 5'- TCTTGAAAGACAATCAGGCCATCA -3'
	Reverse: 5'- GAATCAGCAGCGACTCCTTTTCC -3'
hACTB	Forward: 5'- TACGCCAACACAGTGCTGTCT -3'
	Reverse: 5' – TCTGCATCCTGTCGGCAAT -3'
hIFN-λ2	Forward: 5' – CTCTGTCACCTTCAACCTCTTC - 3'
	Reverse: 5' – ATCTCAGGTTGCATGACTGG - 3'
hIFN-β	Forward: 5' – CTCTGGCACAACAGGTAGTAG - 3'
2	Reverse: 5' – GGAAAGAGCTGTAGTGGAGAAG - 3'
hIL-33	Forward: 5' – CCACTGAGGAAAGAGCCATAG – 3'
V	Reverse: 5' – TGAGCCTATCGTTTGGAACTG – 3'













Figure 6







Chronic IL-33 expression predisposes to viral-induced exacerbations of asthma by increasing type-2 inflammation and dampening antiviral immunity

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Online Supplement

Co-virus and allergen-induced asthma and rhinovirus-induced exacerbation

Specific pathogen-free BALB/c mice were intranasally inoculated at 7 days of age with 1 PFU of PVM (strain J3666) (1) or vehicle (DMEM + 10% FCS) under light isofluoraneinduced anaesthesia. Mice were re-inoculated 6 weeks later (49 days old) with 20 PFU of PVM or vehicle diluent. Mice were intranasally exposed to 1 μ g of cockroach allergen (Greer Laboratories) (CRE) or vehicle, at 10 and 52, 59, 66, and 73 days of age, as indicated and euthanised at 76 days of age (2). Anti-IL-33 or isotype control antibody (200 μ g, Pfizer, Inc) or dexamethasone (75 mg, Sigma-Aldrich) were administered as per study designs. For RV exacerbation, mice were rested for four weeks following final CRE, then inoculated with RV-1B (5x10⁶ TCID50) (i.n.). All studies were approved by The University of Queensland Animal Ethics Committee.

Sample extraction and processing

Following euthanasia by pentobarbitone overdose, a bronchoalveolar lavage (BAL) was performed with 600 μ L of PBS. The BAL fluid was centrifuged at 5,000 rpm, 4°C for 5 min and the supernatant stored at -80°C until analysis by cytokine bead array (CBA) or ELISA.

BALF cells were analysed immediately by flow cytometry. Lung lobes were excised and processed as previously described (3). Briefly, the left lung lobe was processed immediately for flow cytometry and the superior right lobe fixed in 10% formalin neutral buffer overnight before storage in 70% ethanol. The post-caval and inferior lobes were pooled and snap frozen before mechanical digestion and clarification, followed by analysis by ELISA. The inferior right lobe was snap frozen before RNA extraction. All snap frozen lungs were stored at -80 $^{\circ}$ C.

Flow cytometry

Flow cytometry was performed on BALF cells or lung tissue digest cells as previously described (3). Briefly, single cell suspensions were incubated with anti-FcγRIII/II (Fc block) for 15 min at 4°C then incubated with the following fluorochrome-conjugated antibodies at 4°C for 30 minutes: anti-mouse CD2-FITC (RM2-5), Gr-1–FITC (RB6-8C5), CD11c–FITC (HL3), CD11b–FITC (M1/70), B220-FITC (RA36B2), CD3–FITC (145-2C11) (all Miltenyi Biotec), CD8-PerCP (53-6.7), FoxP3-PE (MF23), CD11b-PerCP-Cy5.5 (clone M1/70), Siglec F-AF647 (clone E50-2440), Ly6G-FITC (clone 1A8), CD4-V500 (RM4-5) (all BD Biosciences), CD45-BV421 (30-F11), ST-2-APC (DIH9), Ly6C-BV570 (clone HK1.4), CD11c-BV785 (clone N418), (all Biolegend), B220-PE (clone RA3-6B2), CD3ε-PE (clone145-2C11), MHCII-APC-eFluor 780 (clone M5/114.15.2) (all eBioscience). 7-AAD (eBioscience) was used to exclude dead cells and cells were gated as demonstrated in Supplementary Figure 7. Samples were collected with an LSR Fortessa X-20 (BD Biosciences) and the data analysed with FACSDiva v8 (BD Biosciences) and FlowJo v8.8 (Treestar).

Immunohistochemistry

Paraffin-embedded lung sections were prepared as previously described (1). For immunohistochemistry, lung sections were pretreated with 10% normal goat serum for 30 Sections were probed with anti-IL-33 (AF3626, R&D), anti-HMGB1 (Ab 18256, min. Abcam), anti-pro-SPC (Millipore), anti-a-SM actin (Sigma-Aldrich) and anti-Muc5ac (Thermofisher) overnight at 4°C. Following incubation with appropriate secondary antibodies, immunoreactivity was developed with Fast Red (Sigma-Aldrich) and counterstained with Mayer's hematoxylin (bright field) or with 4',6-diamidino-2phenylindole (DAPI, Sigma-Aldrich) (fluorescence). Muc5ac was scored from 1-5 as a percentage of Muc5ac+ AECs and 1-5 for Muc5ac plugging (maximum score = 10) (Scanscope XT, Aperio). Cytoplasmic HMGB1 was quantified as percentage of airway epithelial cells positive for HMGB1 in the cytoplasm. Airway smooth muscle mass around the small airways (defined as a circumference <800 µm) was measured using Scanscope XT software and expressed as area per µm of basement membrane. Bright field photomicrographs were taken at 400x and 1000x magnification using an Olympus BX-51 microscope with an Olympus DP-72 camera at room temperature and acquired using Olympus Image Analysis Software. Fluorescent images were taken using a Leica DMi8 Inverted Confocal microscope and processed using Imaris Image Analysis software.

Measurement of protein expression

The limit of detection for each assay is indicated in brackets. IL-33 (R&D Systems) (15 pg/mL), IL-25 (Biolegend) (1 pg/mL), HMGB1 (Chondrex) (0.5 ng/mL) and IL-5 (BD Biosciences) (9 pg/mL) expression was quantified by ELISA. IL-13 (Enhanced Sensitivity Flex Set, BD Biosciences) (9 fg/mL) expression was quantified by CBA.

Quantitative real time PCR

Total RNA was isolated from the inferior right lung lobe with TriReagent solution (Ambion) followed by phenol-chloroform extraction. DNAse digestion was performed with Turbo DNAse (Ambion), according to the manufacturer's instructions. Reverse transcription was performed using M-MLV reverse transcriptase and random primers (Invitrogen). qRT-PCR was performed with SYBR Green (Life Technologies) with the primers described in Table S1. RV-1B or RV-16 viral copy number was determined by generating a standard curve of RV-1B or RV-16 viral copies. Expression values were normalized to *Hprt* or *ACTB* and expressed as fold change over vehicle-treated mice or cells, as described (1, 2).

Statistical analyses

GraphPad Prism version 5.0 software (La Jolla, California) was used for all statistical analyses. A Student's t-test, one-way ANOVA with a Tukey post-hoc test or two-way ANOVA with a Sidak post-hoc test were applied as appropriate. A P value <0.05 was considered statistically significant.

Supplemental Figure 1. Timing of cockroach allergen (CRE) exposure in reinfection underpins asthma progression. (A) Study design. CRE-1 was administered 3 (45 DPI) or 7 (49 DPI) days post reinfection with PVM. (B) Eosinophils and (C) Neutrophils in BALF. (BD) Muc5ac score. (CE) Airway smooth muscle (ASM) area. (DF) Study design. Mice were euthanised 4 days post C1 (49 DPI). (G) Eosinophils and (H) Neutrophils in BALF. (EI) Muc5a score. (FJ) ASM area. * denotes significance compared with vehicle treated mice. # denotes significance compared with 45 DPI CRE mice. Box and whisker plots show quartiles (boxes) and range (whiskers), n=4-8 mice/group, representative of 2 experiments.

Supplemental Figure 2. IL-33 blockade during the progression and chronic phase. Mice were treated as per study design in Fig 1A. (A) Total BALF cells. (B) Lymphocytes and (C) Mononuclear cells in the BALF. * denotes significance compared with vehicle treated mice. # denotes significance compared with isotype treated mice. Box and whisker plots show quartiles (boxes) and range (whiskers), n=5-8 mice/group, representative of 2 experiments.

Supplemental Figure 3. IL-33 blockade during the chronic phase alone. Mice were treated as per study design in Fig 2A. (A) Total BALF cells. (B) Lymphocytes and (C) Mononuclear cells in the BALF. * denotes significance compared with vehicle treated mice. # denotes significance compared with isotype treated mice Box and whisker plots show quartiles (boxes) and range (whiskers), n=6-8 mice/group, representative of 2 experiments.

Supplemental Figure 4. Rhinovirus infection exacerbation model. Mice were treated as per study design in Fig 4A. (A) IL-33 and (B) IL-25 in BALF of vehicle mice infected with rhinovirus (RV)-1B alone. (C) Total BALF cells. (D) Lymphocytes and (E) Mononuclear cells in the BALF. * denotes significance compared with vehicle treated mice. # denotes significance compared with isotype treated mice. Box and whisker plots show quartiles (boxes) and range (whiskers), n=6-9, representative of 2 experiments.

Supplemental Figure 5. IL-33 blockade during an RV-exacerbation. Mice were treated as per study design in Fig 5A. (A) Total BALF cells. (B) Lymphocytes and (C) Mononuclear cells in the BALF. * denotes significance compared with vehicle treated mice. # denotes significance compared with isotype treated mice. Data are mean \pm SEM, n=7-9 mice/group, representative of 2 experiments.

Supplemental Figure 6. Rhinovirus infection of human airway epithelial cells. Healthy (open circles) and asthmatic (closed) primary hAECs were infected with RV-16 or RV-1B (MOI 1). (A) IL-33 in the supernatant following RV-16 and (B) RV-1B infection. * denotes significance within groups. # denotes significance between healthy and asthmatic cells. n=5 patients/group, in duplicate.

Supplemental Figure 7. Gating strategy for FACS of inflammatory cell populations. (A) BALF cells. (B) CD4+ T cell populations. (C) ILC2s.

Supplemental Table 1. Oligonucleotide sequences used in this study are shown.

Supplemental References

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Lymphocytes



Mononuclear

MHCII

CD11c



С

CD11c

CD3 + B220 --



Live cells, doublets excluded



